

There is **NO SAFE WAY** to use these nicotine products.

Nicotine is just one of **MANY** toxic chemicals in every product shown here.



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Electronic Cigarettes

- Contains nicotine—which is addictive
- Candy flavors hide the toxic chemicals

Hookah

- The water does NOT “clean” inhaled smoke
- One hookah session = at least 100 cigarettes



Cigars / Cigarillos

- Not healthier than cigarettes
- Packaged/taxed differently to seem more affordable

Smokeless Tobacco

- Just as addictive as cigarettes and delivers more nicotine in a shorter time than cigarettes
- Proven to cause oral cancers and diseases



Heat-Not-Burn

- These devices consist of a heating source and tobacco
- Contain nicotine which is dangerous for young people and the developing brain